**Spotlight on**

**Dyslexia**

**A downloadable resource from the**

**DIFFERENTLY WIRED HUB**

**What is it?**

**Dyslexia is a specific learning difficulty (SpLD) that affects the way people process information.**

**Around 10% of the UK population is dyslexic, and it can affect anyone of any background, age and ability.**

**What are the symptoms?**

**Dyslexia primarily affects reading and writing skills. Dyslexic people may also respond less quickly during conversations - not because they don’t understand, but because it can take longer to process (and remember) information.**

**Strengths**

**Every dyslexic person is different and will experience their own unique strengths. Some have:**

**Strong problem-solving abilities**

**Creativity**

**The ability to spot patterns**

**Good communication skills**

**Challenges**

**Dyslexic people can experience difficulties with:**

**Processing information quickly, especially written information**

**Short-term memory**

**Attention to detail**

**Multitasking, for example taking notes whilst listening in a meeting**

**Signposts**

**Dyslexia Resources**

**British Dyslexia Association**

**The British Dyslexia Association (BDA) is the leading national charity for dyslexia and has been the voice of dyslexic people since 1972. They are a membership organisation working to change society by breaking through the barriers and enabling everyone with dyslexia and dyscalculia to be acknowledged, accepted, and empowered.**

**bdadyslexia.org.uk**

**International Dyslexia Association**

**The International Dyslexia Association, Inc. (IDA) is a nonprofit, charity, organized and operated to provide advocacy, resources and services to teaching professionals, advocates and individuals and families impacted by dyslexia and other related learning differences.**

**dyslexiaida.org**

**Made By Dyslexia**

**Made By Dyslexia is a global charity, led by successful dyslexics. They've built the world’s largest community of dyslexic people and allies. Their purpose is to help the world to Learn Dyslexia: to understand it, to value it and to support it.**

**madebydyslexia.org**

**Want to learn more?**

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**where you can find expert information, advice and resources for engineers living with neurodiversity, and the people who support them.**

**www.myfoothold.org/ join-differently-wired-hub/**