



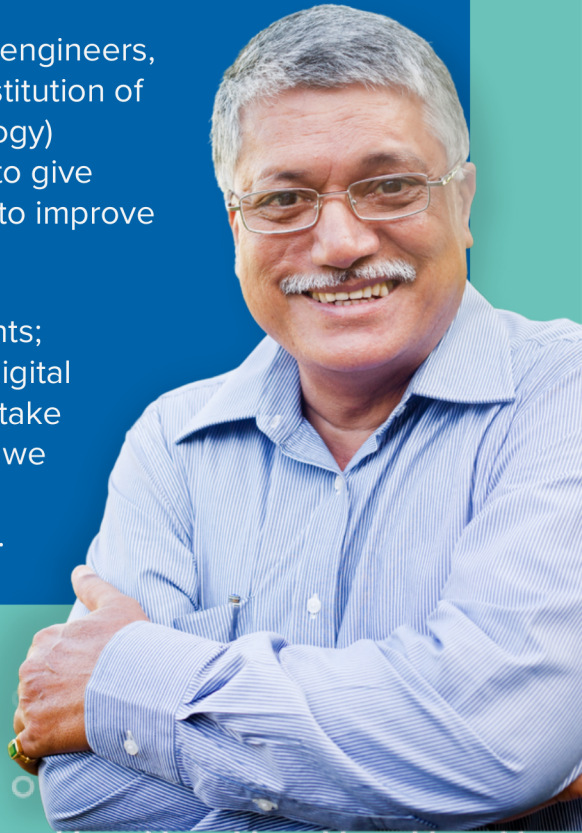
# SUPPORTING ENGINEERS

**We're here to ensure no engineer has to face life's challenges alone.**

We're the IET's Benevolent Fund, ensuring engineers and their families never have to face life's challenges without support.

Funded by engineers, for engineers, Foothold supports IET (Institution of Engineering and Technology) members & their families to give them the tools they need to improve their lives.

Whether it's bespoke grants; advice and guidance; or digital resources to help people take control of their wellbeing, we provide a helping hand to engineers no matter what.



# FUNDRAISING MAKES A BIG DIFFERENCE

The demand for our services is at an all-time high. Every pound raised by our fundraisers will help to support an engineer or their family through difficult times.

**£25**

could fund a phone call to the legal helpline offering free legal advice.

**£50**

could fund an afternoon of respite care giving a carer a much needed break.

**£100**



could provide some play equipment for a disabled child.

“  
Thanks to Foothold, I've been able to focus on regaining my confidence and being the best dad and grandad I can be.  
”



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