

Monthly budget

When we struggle to make ends meet, we often feel out of control. But there are a few things you can do to help you feel more in control. Creating a budget can help you get to grips with your spending. Sometimes there surprises might emerge that can help us save money. And sometimes there aren't any clear solutions – in which case Foothold has your back.

Monthly costs	Total	Subtotal
Household bills		
Water		
Gas		
Electricity		
Phone bills		
Internet bills		
Misc.		
Living costs		
Monthly food bill		
Toiletries		
Prescriptions		
Clothing		
Misc.		
Insurance policies		
House		
Car		
Pet		
Life		
Misc		
Travel expenses		
Car		
Bus/train		
Misc		
Leisure costs		
Gym memberships		
Cinema		
Hobbies		
Misc.		
Debts, loans and savings		
Loans		
Credit cards		
Charitable giving		
Total expenditure		
Total income		
What's left?		

Get in touch!

If you'd like to talk to us please email or give us a call. Our helpline is open 09.00 - 17.00 UK time, Monday to Friday.

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